

The Washington Times Magazine Page



The Inside of the Cup

A great serial OF ROMANCE, MYSTERY, ADVENTURE By Winston Churchill.

The Inside of the Cup," published acrially here by permission of the MacMillan Co. and made into a motion picture by Cosmopolitan Production, will be released as a Paramount-Arteraft picture.

Take Inside of the Cup," published to race of inspirers, prophets, modern Apostles to whom this gift was given, going on their rounds, awaking cities and arousing whole country-sides.

FAITH THE KEYSTONE.

Author of "Richard Carvel," "The Crisis" and Many Other Novels of World-Wide Popularity. HE church had been monarchi-

cal in form, and some strove stubbornly and blindly to keep her monarchical. Democracy in government outstripping her. Let them look around, today, and see what was happening in the United States of America. A great movement was going on to transfer actual participation in government from the few to the many—a movement towards true Democracy—and that was precisely what was about to happen in the church.

Her condition at present was one of uncertainty, transition—she feared to let go wholly of the old, she feared to embark upon the new. Just as the conservatives and poli-ticians feared to give up the representative system, the convention, so was she afraid to abandon the synod, the council, and trust to

The light was coming slowly, the change, the rebirth of the Church hy gradual evolution. By the grace of God those who had laid the foundations of the Church in which he stood, of all Protestantism, had built for the future. The racial in stinct in them had asserted itself, had warned them that to suppress freedom in religion were to suppress it in life, to paralyze that inlividual initiative which was the secret of their advancement.

The new Church Universal, then. would be the militant, aggressive body of the reborn, whose mission it was to send out into the life of the nation transformed men and women who would labor unremit tingly for the Kingdom of Goo. Unity would come—but unity in freedom, true Catholicity. The truth would gradually pervade the masses be wrought out of them. Even the great evolutionary forces of the age, such as economic necessity, were acting to drive divided Christtianity into consolidation, and the starving churches of country villages were now beginning to com-

No man might venture to perdict the details of the future organiza-St. Paul himself had sketched it in broad outline; every worker, lay and clerical, laboring according to his gift, teachers, executives, min-isters, visitors, missionaries, heal-ers of sick and despondent souls. But the supreme function of the Church was to inspire-to inspire individuals to willing service for the cause, the Cause of Democracy, the fellowship of mankind.

If she failed to inspire the Church therefore she must revive again the

When Baby Sleeps

By Brice Belden, M. D. CLEEP is one of the most important factors in the life of a young baby, and there are a few things the mother should know about the amount of sleep needed by the baby, and the conditions under which he may get the most rest. The new-born baby sleeps from

eighteen to nineteen hours a day if he is well and properly attended to. As the infant grows older he needs less sleep, requiring at the age of hours; at the period between two and three years, from twelve to thirteen hours, and from the age of four to five years, ten to twelve hours to sleep. A well-trained baby will sleep all

night. Before he is put in bed the mother should see that he is fed and made clean and dry. The child should be put to bed at the same time each evening without rocking. The mother should leave the room fixed for the night. The light should be out and the room properly ven-tilated.

After the age of four months, night feedings are unnecessary. A bottle of water in place of the usual feeding of milk will soon break the habit of wakening to be fed, and the baby will sleep without a feed-ing from about 10 or 11 o'clock in the evening until 6 or 7 o'clock in

the morning.
At about the third month, sleep in the daytime will be limited to a nap in the morning and one in the afternoon. Later on the baby will take only a short nap in the afternoon.

The baby should be taught to lie

en his side or stomach rather than on his back, and should always be put to bed in a quiet place, where he cannot possibly be disturbed by the usual household noises or talking. A baby should always sleep alone, and at least after he is a year old, he should have a separate room.

ADVERTISEMENT.

Alkali in Shampoos **Bad For Washing Hair**

Most soaps and prepared shampoor contain too much alkali, which is very injurious, as it dries the scalp and makes the hair brittle.

The best thing to use is Mulsified cocoanut oil shampoo, for this is pure and entirely greaseless. It's very cheap and beats anything else all to pieces. You can get Mulsi-fied at any drug store, and a few ounces will last the whole family for

Simply moisten the hair with water Simply moisten the hair with water and rub it in, about a teaspoonful is all that is required. It makes an abundance of rich, creamy lather, cleanes thoroughly, and rinses out easily. The hair dries quickly and evenly, and is soft, fresh looking, bright, fluffy, wavy and easy to handle. Besides, it loosens and takes out every particle of dust, dirt and dandruff. Be sure your druggist gives you Mulsified.

But whence-it might be demanded by the cynical—were the prophets to come? Prophets could not be produced by training and education, prophets must be born. Reborn-that was the word. Let the Church have faith.

Once her Cause were perceived, once her whole energy were direct ed towards its fulfillment, the prophets would arise, out of the East kind to higher effort, to denounce fearlessly the shortcomings and evils of the age. They had not failed in past ages, when the world had fallen into hopelessness, indifference and darkness. And they

would, not fail now. Prophets were personalities, and Phillips Brooks-himself a prophet -had defined personality as a conscious relationship with God. "All truth," he had said, "comes to the world through personality." And down the ages had come an Apostolic succession of personalities— Paul, Augustine, Francis, Dante, Luther, Milton—yes, and Abraham Lincoln, and Phillips Brooks, whose authority was that of the spirit whose light had so shone before men that they had glorified the Father which was in heaven; the current of whose power had so radiated in ever-widening circles as to make incandescent countless other souls

And which among them would declare that Abraham Lincoln, like Stephen, had not seen his Master

THE REAL MEANING.

The true prophet, the true apostle, then, was one inspired and directed by the spirit, the laying on of hands was but a symbol—the symbol of the sublime truth that one personality caught fire from another. Let the church hold fast to that symbol, as an acknowledgment, a reminder of a supreme mystery.

Tradition had its value when it did not deteriorate into superstition, into the mechanical, automatic transmission characteristic of the mediaeval church, for the very suggestion of which Peter had rebuked Simon in Samaria. For it would be remembered that Simon had said: "Give me also this power that on whomsoever I lay hands he may re-

The true successor to the apos tles must be an apostle himself. Jesus had seldom spoken liter-

ally, and the truths he sought to impress upon the world had of necessity been clothed in figures and symbols-for spiritual truths might be conveyed in no other way. supreme proof of his godship, of his complete knowledge of the meaning of life, was to be found in his par-

for example, the parable of the talents aws merely an unintelligible case of injustice. What was relly meant by the talents? They were opportunities for service. Experience taught us that when we embraced one opportunity, one responsibility, the acceptance of it invariably led to another, and so the servant who had five talents, five opportunities, gained ten. The servant who had two gained two more. But the servant of whom only one little service was asked refused that, and was cast into outer darkness, to witness another performing the task which should have been his. Hell, here and hereafter, was the spectacle of wasted opportunity, and there is no suffering to com-

The crime, the cardinal sin was with those who refused to serve, who shut their eyes to the ideal their Lord had held up, who strove to compromise with Jesus Christ himself, to twist and torture his message to suit their own notions as to how life should be led; to please God and Mammon at the same time, to bind Christ's Church for their comfort and selfish convenience.

(To Be Continued Tomorrow.)

Baby's Health What To Do For the Children When They Are Ill.

Medical experts of the United States Public Health Service will answer questions of Times readers concerning the health of babies or children. Address ations to Child's Health Editor, The Washington Times.

DRY, HACKING COUGH.

Q.-I have a little girl who coughs considerably, a dry, hacking cough. I have been told the tonsils are the cause. Is there anything which can be done or any gargle to use to reduce them without having them removed?

A .- While the cough may be due to some condition of the tonsils or the throat, it might also be due to some other and more serious cause. For this reason, I would ad vise you to have your daughter carefully examined by a competent physician in order to see whether she has anything the matter with her lungs. You should also keep careful watch over the child's general condition and weigh her at least once a week, keeping a record of these weights for comparison to see whether or not she is gaining or losing in weight or at a standstill. If she is losing weight or not gaining in weight satisfac torily her cough may be due to something more serious than an inflamed

This Day in Our History. This is the anniversary of the battle of Princeton, in 1777. when Washington surprised the British and inflicted a severe defeat. This victory did much to hearten the Colonies, as it stop-ped Cornwallis' march South.

THE TOONERVILLE TROLLEY THAT MEETS ALL THE TRAINS-



Is Marriage a Success?

WHAT MORE DOES SHE WANT.

May I say a few words to Clarice What if your husband does make \$400 per month and refuses to let

you have a maid? If you love your husband you would be willing to do anything for him, from washing dishes to scrubbing floors. It should make you feel happy to think that you are love, even if you have never been used to doing it, it is never too late to learn, and it is "better late than

I am a married woman of seventeen, and have a darling baby six months old. Before I was married I had a good position, and did not know what dusting a chair was. In and I went to work I met the boy

Now, he only makes \$150 per month, so there was no thought of having a maid. I knew that the housework was to be done, and it did not take me long to do it after I once started. Furthermore, I love to do it, because I am doing it for some one I love better than anyone in this world. So, you ask if you are right or

Clarice D., you are merely lookinf for trouble. So long as you have health and love, what more do you

RIGHT KIND

OF WOMEN. Marriage is all right if you can get the right kind of woman to marry. When you get a woman who goes out with other men, your marriage isn't a success, is it? W. L.

GAVE UP DIVORCED MAN; NOW UNHAPPY.

I am a young lady, twenty-three, and as most young ladies of my age, have met many men friends, but my only "real" love affair was with a divorced man. After study-ing his case and learning the exact causes of the divorce, I fully realized that he was in the right, and that his wife's mis-step should not

BOOKS

A course of instruction on "Ocean, Coast, and Lakes Navigation," published by the World Technical Institute, Fuller Building, Jersey City, N. J., put out in twelve lessons on the correspon-dence school style, should appeal particularly to seamen and others who desire to delve into the mysteries of navigation and have neither the opportunity to study at the regular institutes nor the education necessary to plunge into quadratic equations.

The course is compiled by Capt. Warren Sheppard, former in-structor in navigation and nautiastronomy for the United States Shipping Board. The wording of the course is along the easy conversational manner which is best suited to impress its meaning on the reader-where it is desired to go into the mathe-matical side of the proposition the student is led carefuly into the thing without running into an imposing array of logarithms.

This course should be specially useful to the ordinary person de-siring to accomplish the knowlof navigation in a simple and practicable manner. The textbooks are well composed, amply illustrated, and each one is ac-companied by a series of ques-tions guaranteed to show the reader's familiarity with the lessen before passing on to the next.

WHAT DO YOU THINK?

Write frankly, briefly, and truthfully your views on the problem, "Is Marriage a Suc-If you think it not altogether a success, do not fail to suggest what you think is the remedy, WHAT is the trouble, and what could be done Write in your opinions, experiences, and suggestions. Write frankly and fearlessly-your confidence will be respected. No names of writers published except with the writers' consent. Use only one side of the

Address your contributions to MARRIAGE EDITOR.

The Washington Times, Washington, D. C. serve as a hindrance to his future

happiness He was ten years my senior, but before I 'could consent to marry My friends insisted that in time he would tire of me, and told me that I would meet some one more worthy, etc. When I considered my parents, I knew that it would mean a heart-broken mother, and as my religion does not uphold divorce, I would have to forfeit my

A Place to Keep Brooms

Every housewife's problem is far simpler if she has a good place in which to keep brooms, brushes and other cleaning day equipment than if she just tries to find places for these things any place and every

If you are living in your own house, no matter how small that place may be, you should find room for a special broom closet. If you have to have a corner taken off from your kitchen for it or a niche out of the back hall to accommodate it, it is well worth while. If you cannot have a real closet, then it is worth while to have a special locker for these things. Get the carpenter in the neighborhood to construct a sort of wardrobe that you can set up in your kitchen to take these things, and you can take it with you from the house if

Such a closet should have hooks on which brooms and brushes can be hung. There are broom clamps that can be fastened on the wall that will hold brooms, and if you can get some of these they are a good idea. There should be a shelf about a foot or six inches from the floor, wide enough to accommodate cleaning pails and scrub brushes. Pails should be turned on their side when not in use. So should scrub brushes. Cleaning cloths scrub brushes. Cleaning cloths should first be well rinsed out and then dried outdoors if possible. not, they should be spread in the broom closet. Therefore, have a towel rack arranged on the side of the closet where you can hang

There should be a shelf at the top of the closet where you can keep piles of clean dusters and cloths and perhaps a bag in which you can quickly deposit clean old cloths which you think would make good floor cloths or house rags. A good idea is to have extra soap and other cleaning agents in this closet.

these cloths.

own me forever. I wondered: "Is it Finally I came to conclusion that

my family and religion came first. I gave him up and to this day am living in regrets. I never know a happy day, and as for religion, I am always too down-heartened to even pray. I absolutely can find no other interest in any other men; in fact, I avoid making new acquaintances. I met the only one and refused him. The only comfort I find is living

in hopes that although a year has ceased he will return, and if he does, a dozen families or religions We each have one life to live, and in order to live a good life it does not necessarily call for leading a sad and miserable one.

MISS HOPE.

A SUGGESTED REMEDY.

In reply to the query of "C. L. S.," who asks some one to tell him what to do with an overjealous wife, who makes both herself and him

I would advise that he tell his wife that she should be proud to have a husband whom the other women admire and render herself as attractive as possible to him, so that he will be completely satisfied

Tell her of the absurdity of her accusations and be more patient and loving to her, and also argue it out with her.

If she insists on making her

home miserable, try threats, but don't use them until reduced to the last extremity. Convince her that you only love her and that you want no other C. B. H.

BE A WIFE OR NONE AT ALL.

Clarice D. ought to be ashamed of herself. Any woman that won't keep her own house clean is not fit to be any man's wife. The idea of letting your own house go dusty because your husband won't hire a maid! That is one of the reasons why marriage is not a success for so many people. If women would do their own duty and not expect their husband to hire some one to do it for them, I really think they would be more thought of by their husbands. What did you marry for if not to please your husband as well as yourself. Your husband knows you are able to do your own work. That is the reason he won't hire a maid, and I don't blame him. Be a real wife or none at all.

Varieties of Cream

Filling-One cup sugar, 1 tablespoon cornstarch, 1 tablespoon butter, yolks 2 eggs, 1 cup milk, 1% teaspoons vanilla. Stir constantly while cooking until thick. When cool place in a baked crust and spread with a meringue made of whites of 2 eggs, beaten stiff, mixed with 2 tablespoons sugar. Cocoanut—Add 1 cup grated co-

coanut to above filling.
Chocolate—Add 2 tablespoons chocolate to the filling before it is Banana-Slice a banana in the

baked crust, pour over the filling, slice another banana on top and cover with white of egg meringue. Orange-Prepare the orange in the same manner as the bananas. Nut-Cook filling as directed, then stir in 1 cup chopped nuts, reserving a few to dot the ton with. Pineapple-Add pineapple in the same manner as the bananas and

the oranges.

Pretty Neck?

water and soap, and dry thoroughly before treatment. R lubricate the skin and prevent ir-ritation. Then work in front of a

Position: Sit upright bn a stool,

the flesh to the center of the back

tions around the excess fat.
Third—Stroke the muscles out-

Fifth-Draw the chin far in. This is excellent for the muscles at the back of the neck. Do it slow-ly at first. Repeat three times. Sixth-Turn the face one way as

for five minutes or longer.

More Girls

dren in relation to age and height have been made in 6 high schools and 18 elementary schools of Baltimore County, Md.

boys, 197, or about 16 per cent, were underweight. Almost the same condition was found in the elementary schools. Of 1,086 girls, 218, or about 20 per cent, were under-weight, and 1,274 boys, 182, or about 14 per cent, were under-weight. In all, 1,937 girls and 2,435 boys were examined.

a small amount of pure cold cream on the hands and neck so as to

First-Place the right hand on the right side of the neck and lift the left hand on the left side, the flingers facing backward. Hold the fingers close together, and with a firm, rotary motion work outward, downward, and backward, pushing ustil you can raise the muscle from the normal point of attachment. Do not try to accomplish this at the first sitting. Second—Work with rotary mo-

ward from the center to the shoulders. Do not work on the spinal column. Repeat five to ten Fourth-Tip the head backward,

far as possible and then in the opposite direction. Repeat five times. Walking with the wand-For this purpose a round stick is sufficient. The stick should be passed across the back through the arms. The arms are kept upward and pressed firmly back and close to the sides, the body being held as upright as possible. Walk around the room

This exercise, while it assists in strengthening the shoulders and back muscles, is principally to form the habit of correct carriage, and to correct slight defects of faulty habits-Good Housekeeper for Janu-

Underweight

Of 851 girls in the high schools, 171, or about 20 per cent, were underweight, and of 1.161 high-school

Have You a Some Unusual Recipes Try These TASTY AND TESTED DISHES

OF PORK SAUSAGE

PORK SAUSAGE WITH BAKED POTATOES. Choose medium sized potatoes,

scrub and dry. With an apple corer make a hole through each. Stuff each potato by pressing pork sausage links or sausage meat into the opening, and bake in hot oven for about thirty minutes. POEK SAUSAGE ROAST.

Take a pound to a pound and a quarter of pork sausage meat, shape into a loaf and wrap it securely in white muslin. Put this in a deep saucepan, barely cover with water and let boil for one hour to an hour and a half. Remove the wrapping. pour off the gravy, and place in hot oven to brown. Garnish with toma-toes and green pepper sliced and

POACHED EGGS ON TOAST WITH CATSUP AND PORK SAUSAGE. Cut rounds of bread; toast, but-ter and spread lightly with tomato catsup, salt and pepper. Place a poached egg on each of these and serve with sausage.

SAUSAGE SURPRISE. Make a good biscuit dough of one pint of flour, two rounded teaspoons of baking powder, a half-teaspoon of salt, one tablespoon of melted butter, and sufficent milk to make as soft as can be handled. Roll out and cut into biscuit half-inch thick. Place a sausage link on each, fold over, pinching the edges together, brush the tops with milk and bake in a hot oven over thirty minutes. SAUSAGE AND FRIED APPLES.

Pare and core two tart apples. and cut into quarter-inch rings. Cook half a dozen links of sausage in a frying pan for ten minutes, turning until both sides are brown. Add the apple rings, cover, and cook until the apples are tender. In serving, make a mound of mashed potatoes in the center of a hot platter, and arrange alternate rings of sausage and apple around it. SAUSAGE ROLLS.

One-half pound pork sausage link, four cupfuls of flour, seasonings, one-half cup vegetole and one egg. Skin the sausage and cut each in balf lengthwise. Sift the flour, add a pinch of salt and the butter. Rub them well together, then mix with a little water to make into a stiff paste. Roll it out about one-eighth of an inch thick. Cut into squares, place half a sausage on each piece of pastry, fold over and press the edges together. Place the sausage rolls on a greased baking tin, beat the egg, Bake in a moderate oven for half an hour. Garnish with sprigs of

fresh parsley. BAKED PORK SAUSAGE. Arrange the rounds of sausage in a shallow baking dish, pour around them a little stewed and seasoned tomato, and bake until

SCALLOPED SAUSAGE. Arrange half-a-dozen links, of sausage in the bottom of a baking dish, sile on top masheu potatoes which have been well seasoned with salt, pepper and butter, and into which a cup of hot milk has been beaten; dot with bits of butter, and bake half an hour in a hot

Facts About Our Country

Punxsutawney was named so that no one could spell it or pronounce

Wilsonville, Idaho, was named in honor of some other Wilson. There are very few persons who have ever heard Pikes speak.

Cape Cod is so called because there are no cod there. Newport is a famous watering

place since the Volstead Act took If J. D. Rockefeller should lay all his dollars in a straight inne up Broadway, he would get few of

It is hotter in July than it is in December, but it is colder in Boise City, Idaho, than it is in Galveston, Texas. Nineteen thousand mousetraps were invented last year and three of them will catch mice.

There are a great many most beautiful-women-in-America, but we don't know just how many.

There are five hundred thousand newly married couples evey year who do not go to Niagara Falls.

A Daily Recipe

ORANGE MINT SALAD. This salad is to be served with large oranges by cutting fruit in halves and using a spoon, sprinkle with two tablespoons powdered sugar, add three tablespoons finely chopped mint, one tablespoon lemon juice, chill and serve in glasses, garnishing each with a sprig of mint.



Five Points in Buying Muslin

Does it last long?



When you buy muslin, ask yourself these questions:

Will it look well after laundering? Is it easy to sew on? Has it a name that stands for high

tions if you are buying Fruit of the

quality? Is the price reasonable? "Yes" is the answer to these ques-

Fruit of the Loom Muslin



Buy Fruit of the Loom by the bolt. Use it for the children's underwear and rompers: for pajamas, nightgowns, underskirts, camisoles, and pillow-slips; for men's shirts; for middy blouses, aprons and dust-caps. Most women prefer the 36-inch width for these

Look for the Fruit of the Loom labelpicture of fruit in colors. Fruit of the Loom is sold at every good store.

Made by B. B. & R. KNIGHT, INC.

